

Organisation	Contact Name	Project Name	Project description	Contact email
Ajoda Community Alliance	Christopher Odeneye	Ajoda Community Alliance	Social and luncheon club for older adults.	Sbashtaqi@gmail.com
Arc And You/Spaptan	Francis Akinola Patricia Nguonu Eustace Dunkwu	Healthy Charge	Seminars focused on health and wellbeing.	Arcandyou@gmail.com
Avant Gardening CIC	Paul Green	The Great Greenwich Tea Dance	Community developed performance/community event.	Paul@avantgardening.info
Carers Social Group Greenwich	Vivien Davies	Carers Social Group Greenwich	Social group for carers of adults with learning difficulties and special needs.	Carerssocialgreenwich@gmail.com
Congolese Support Group	Okito Tongomo	Straighten Community Covid-19	1-1 & group support, information and guidance for carers.	Congosupportgroup@gmail.com
Craft A	Sylvia Becker	Craft A Friendship Club	Arts and crafts workshops for older women.	Craftalondon@gmail.com
Creating Ground	Khadidja Adimi	My Creative Skills	12 creative and participatory arts sessions for migrant women.	info@theground.org.uk
Culture Access	Eleanor Lisney	Greenwich Disabled People's Innovation Project	User led workshops to address needs of disabled people in borough creating online digital resource to inform future policy making.	eleanor@cultureaccess.co.uk
Diamond Links Up top	Marsha Kinkaid	The Parent Wellbeing Club	A support group for parents.	dluprojects21@gmail.com
Eltham Arts	Pragya Kumar	Breathing Space	Creative sessions i.e., visual arts, movement, poetry/spoken words etc.	Elthamartsgroup@gmail.com
European Reminiscence Network	Pam Schweitzer	Remembering Yesterday, Caring Today	Reminiscence arts sessions for local families living with dementia.	Pam@pamschweitzer.com
Fan The Glory With Tori	Victoria Ajoku	Fan-Vive	Fan making, decorating and dance workshops. Fun, therapeutic and interactive experiences that can be themed and tailored to suit the needs of people of all walks of life.	Info@fantheglorywithtori.com fantheglorywithtori@gmail.com
Fondation Fernand Yav	Esia Baleze	Second Stitch	Dressmaking and sewing lessons using recycled fabrics and other materials to economically and socially disadvantaged African refugee women.	fondationfernandyav@gmail.com
Galeforce Global CIC	Erica Rolle	Set Me Free	Personal Development Empowering and Mentoring Programme (Monthly)	info@galeforceglobal.co.uk
Global Fusion	Louisa La Marchand	Health-Wellbeing-Creativity HWC	Tai chi in summer 2022, yoga, meditation and singing in winter 2022 - 2023, gardening activities in spring to autumn 2022.	Globalfusionarts@yahoo.co.uk
Greenwich Dance	Melanie Precious Alison Gee	Greenwich Parks Revealed	Tai chi; parkour; story walks in Greenwich Park.	Melanie@greenwichdance.org.uk alison@greenwichdance.org.uk

Greenwich Parent Carer	Rachael Withers Carol Foyle	GPCPF Send Parent Champions Scheme	Volunteer peer to peer support through developing a community of SEND Parent Champions supported to other SEND parents.	admin@greenwichpcpf.org
Greenwich Threads & Big Red Kick	Elena Sciacca	Sew Together	Community sewing courses.	Elena.sciacca@googlemail.com
Hamara Assra	Anne Duncan Sabiah Shahzad	Sharing Voices	Classes & workshops for black, Asian and underrepresented older women.	Hamaraassraorguk@gmail.com
Home-Start Greenwich	Hazel Chawapiwa	Connecting From The Start	Activities to support expectant mothers, teenage parents and parents with children under 1 year to take part in community activities and access local community and statutory services.	hazel.chawapiwa@homestartgreenwich.org.uk
Ilham Eifenne Hana Kuna	Ilham Eifenne Nnenna Amaike	Diverse Services 4 Diverse Community (D4d)	Multi outreach sessions (health checks, covid 19 support; women support services; emotional wellbeing).	Mayonce0@hotmail.com freshchances@yahoo.com
Indian Cultural Society	Pritpal Singh- Sandhu	Community Support and Wellbeing Project	Yoga classes, outdoor activities, lectures, support with referrals for health services inc. vaccinations.	icsddc64@gmail.com
Jane's Kitchen	Jane Bryan Brown	Teenage Cooking Classes	Extracurricular cookery course for vulnerable teenagers.	Janeskitchenlondon@gmail.com
Keri Hartwright	Keri Hartwright	Brain Tools	Resilience workshops for school children at risk of exclusion.	Safetyfirst1704@gmail.com
Listening Ears	Olutoyin Ogunbanjo	Feel Good Centre	Drop-in sessions for over 50's.	Listeningearsuk@gmail.com
Lpf Kiddies Club Cic	Carmel Britto	Divas And Send	Activities & events for African and Caribbean autistic/send children, their siblings & parents.	lpf-kidsclub@hotmail.co.uk
Mumsaid	Jessica Svedjar Miriam Donaghy	Mumsaid Mighty Acorns	Weekly support group for new families.	Miriam@mums-aid.org jessica@mums-aid.org
NuVitality	Beverley Blugh	NuVitalityKidz Dance & Creative Enrichment CIC	Mentoring and coaching through the Arts support creativity, cooking workshops to transferable develop, promote confidence and wellbeing	nuvitalityfit@gmail.com
Our Heritage UK	Akeem Adekoya	The Mind And Soul	Events that focus on educating the community on wellbeing improvement, relief from depression, anxiety or other mental health conditions with reference to covid –19 devastations among black minority groups.	Blackheritage123uk@gmail.com
Parent Power Education	Bianca Sapara- Grant	Thrive	Educational and coaching services; including group sessions, 1to1 sessions and mentoring for young people and families.	Bianca@parentpower-ed.co.uk
Roar Pursuits	Nathalie Delahaye	Roar Talks	Mentoring and support service	Office@witharoar.com
Roots4life	Sophie Amos	Green Mondays	Weekly drop-in group focusing on greening projects.	Sophie@roots4life.org
Rosemary Lushaj	Rosemary Lushaj	Free Ladies Fitness Sessions	Fitness sessions for ladies to (re)introduce ladies to the benefit of regular, gentle exercise for their physical and mental wellbeing.	Rose_lushaj@hotmail.com

Shade Adeoye	Shade Adeoye	Men's Wellbeing	Weekly drop-ins, activities, workshops and mentoring sessions for men.	Shadeayo@hotmail.com curecom@outlook.com
Stubs Disability Services	Subrena Joseph	Stubs Disability Service	Independent advice, about disability benefits and services for people with disabilities available locally and nationally; including form filling.	Stubsdisabilityservice@gmail.com
Taru Arts	Rosana Muller	Drumming For All	Drumming workshops at General Gordon Sq. open to all + sq. users (homeless people, Nepalese community etc).	Admin@taru.org.uk
The Big Red Kick CIC	Tara Masand	Changing Lives, New Habits	Running programme for new parents and menopausal women.	tara.masand@yahoo.com
The Deborah Ubee Trust	Denise Hubble	Understanding Anxiety And Stress Workshops	Early intervention/prevention workshops which focusses on understanding anxiety and stress, how it impacts on the body and mind, relay strategies and techniques that can be used to improve feelings of calm and balance.	Denise@tdut.org
The Javan Coker Foundation	Esther Sesay	Safe Space For Send	Activities and workshops for send children and their families.	Thejavancokerfoundation@gmail.com
The Morning Dew Foundation	Stella Abu	Sendability	Workshops for send children/support group for carers.	Stellaabu247@yahoo.com
Think Tenacity Academy CIC	Belinda Asiwe	Making Time For Black Mental Health	Podcast interviews followed by mental health support groups to help black people from the local community to access free mental health support facilitated by black therapists.	Bella@thinktenacity.com
Thomas Tallis School	Rahima Choudhury	Skateboarding & Spirituality	Skateboarding lessons at Sutcliffe Park for year 7 students.	Rchoudhury@thomastallis.org.uk
Tramshed	Chama Aimable-Kapumpa	Reaching Dramatic Voices	Drama, arts workshops and club nights for adults with learning difficulties.	participation@tramshed.org
Trinity Vineyard Church	Rebecca Bickley	English Club	English language classes with childcare.	Becca@trinityvineyard.org.uk
Unique	Nicky Jarrett	Unique Cycling Club	Side by side trike for disabled people.	Nicky.jarrett@yahoo.co.uk
Vanbrugh Community Association	Mark Johnson-Brown	Everybody Sing With Mycenae House	Singing workshops in Care settings and community spaces.	Mark@mycenaehouse.co.uk
Woolwich Common Resident Association	Carol Oghenerhaboke Caroline Hands	Woolwich Common Ward All Together	A series of activities focusing on mental health, wellbeing, creativity and healthy eating.	Eghaghe5@hotmail.com carolinehandsart@gmail.com
World Of Hope	Florence Emakpose	World Of Hope Greenwich Mental Health Outreach	Group sessions, arts and crafts, educational support and events for children and young people.	Info@worldofhope.org.uk
	Patreece Parkes	Creative Community Meals		Jenparkes13@gmail.com