

Lunch clubs in Greenwich

We've created a list of lunch clubs where you can find a great, hot meal at community centres, local charities and places of worship throughout the week, for little or no cost at all.

Monday

Trinity Community Centre, Woolwich, Chatterbox Lunch-club, 10.30–12pm, for older people, £3.25 main meal and 75p for dessert. Please ring before 10am to place your order.

Other info: Alan or Vicky 020 8317 7940 www.trinityplumstead.org.uk

Woolwich Common Community Centre, Woolwich Common Lunch Club, 12–2pm, everyone welcome, but well used by the over 55s, £3 main meal and pudding £1.50

Other info: 020 8855 2437

Glyndon Community Centre, Plumstead, Irish in Greenwich, 12–2.30pm, 55+, £4.75 which includes a main meal, dessert, tea and activities.

Other info: Ann-Marie Kiely or Mary Pegler 0208 854 4466 lunchclubs@irishcommunityservices.org.uk

Tuesday

Woolwich Common Community Centre, Woolwich Common Lunch Club, 10.30–1.30pm, for migrants, FREE Other info: Helen Mead at info@greenwichmigranthub.co.uk

Deptford Methodist Church and Mission, Deptford Mission Day Centre, 10.30–3pm, for the elderly with disability, £10 which includes transport to and from the venue.

Other info: Erica Ross 07580322891 or 020 8692 5599

Abbey Wood Community Centre, Abbey Wood, 11–1pm, everyone welcome. Serves reasonably priced sandwiches, toasted sandwiches, and sausage rolls, plus hot and cold drinks.

Other info: 020 8311 7005 or awcgooffice@gmail.com

Jubilee Community Hall, Thamesmead, Seniors In Touch (SIT), 11–2pm, exercise and lunch club for the over 50s, £3 Other info: seniorsintouch@yahoo.com

New Testament Church of God, Woolwich, Chrisma Homeless Mission, 11–3pm, 55+, FREE

Other info: 020 8317 6705

Woolwich Central Baptist Church, WSUP (Weekend Service Users Project), 11.30–3.30pm for those in need, FREE

Other info: Helen or Mark 07426 046283 www.wsupwoolwich.org

Wednesday

Trinity Community Centre, Woolwich, Chatterbox Lunch-club, 10.30–12pm, Older people, £3.25 main meal and 75p for dessert. Please ring before 10am to place your order.

Other info: Alan or Vicky 020 8317 7940 www.trinityplumstead.org.uk

Deptford Methodist Church and Mission, Deptford Mission Day Centre, 10.30–3pm, for the elderly with disability, £10 which includes transport to and from the venue.

Other info: Erica Ross 07580322891 or 020 8692 5599

Middle Park Community Centre, Eltham, Community Café, 10–2pm, everyone welcome, but well used by the over 55s, £4.50 which includes a cooked dinner, often a roast, and pudding, plus tea and coffee.

Other info: [020 8850 2638](tel:02088502638)

Thursday

Deptford Methodist Church and Mission, Deptford Mission Day Centre, 10.30–3pm, for the elderly with disability, £10 which includes transport to and from the venue.

Other info: Erica Ross 07580322891 or 020 8692 5599

Clockhouse Community Centre, Woolwich Dockyard, Ajoda Community Alliance, 11–2pm, 60+, African/Caribbean community group, open to all local community, £3.50

Other info: ajodacommunityalliance@yahoo.co.uk

Progress Hall, Eltham, Irish in Greenwich, 12–2.30pm, 55+, £4.75 which includes a main meal, dessert, tea and activities.

Other info: Ann-Marie Kiely and Mary Pegler 0208 854 4466 lunchclubs@irishcommunityservices.org.uk

The Tramshed, Woolwich, Caribbean Social Forum, 12–3pm, 50+, £3 entry plus £5 lunch (activities included). Other info: Pamela Franklin 08443 573700

Friday

Coldharbour Community Centre, Mary Dolly Lunch Club, from 12.30pm, for pensioners, £3.50 for a 3 course meal.

Other info: 0208 315 0595

Saturday

Christian Life Centre Breakfast Club, Thamesmead, 9–11am, for vulnerable groups, FREE

Other info: Sue Pollock 07501674526

Woolwich Central Baptist Church, WSUP (Weekend Service Users Project), 10.30-2.30pm, for those in need, FREE

Other info: Helen or Mark 07426 046283 www.wsupwoolwich.org

Emmanuel Baptist Church Breakfast Club, Erith, last Saturday of the month

Other info: 020 8311 3976

Every day

Gurdwara Sahib (Sikh Temple), Woolwich, breakfast –8pm, FREE

Other info: 0208 854 3224

Low-cost café

C2K Community Centre, Abbey Wood, Community Café, Monday to Saturday, 8–1.30pm, everyone welcome

Other info: 020 8311 8905

Middle Park Community Centre, Eltham, Monday Café, 10–2pm, everyone welcome

Other info: [020 8850 2638](tel:02088502638)

Mycenae House, Drop in café, Thursday, 1–4pm, for seniors

Other info: 020 8858 1749

Deptford Reach Soup Kitchen

Other info: 020 8692 6548 www.deptfordreach.org.uk

[Find your nearest lunch club.](#)