



Food for Life is the school food transformation programme from the Soil Association, supporting schools to develop a positive food culture, reconnecting children and adults with where their food comes from, teaching them how it's grown and cooked, and championing the importance of well-sourced ingredients.

It is free for Greenwich primary schools to take part in the award scheme with full funding, support and training provided by Greenwich Public Health. Further details about the content of the award can be found on the [Food for Life website](#).

### **Food for Life twilight drop-in session**

*Tuesday 22<sup>nd</sup> January 2019, 4pm – 5.30pm*

Room B.11, The Woolwich Centre, 35 Wellington Street, Woolwich, SE18 6HQ

An informal, interactive drop-in for Food for Life leads to have some protected time to complete any outstanding criteria for your school's bronze, silver and gold awards.

Wherever you are on your Food for Life journey the session will give you the opportunity to think about what evidence is still needed, what actions to take, or how best to collate and present what you have already achieved.

If you would like to attend please RSVP to [emma.eaves-anderson@royalgreenwich.gov.uk](mailto:emma.eaves-anderson@royalgreenwich.gov.uk) by Friday 18<sup>th</sup> January 2019.

### **Free teacher training**

The following training has been booked to take place during the spring term, details are as follows:

### **Cooking with Confidence: teaching practical cookery skills in the classroom**

*Wednesday 13<sup>th</sup> February 2019, all day*

Woolwich Common Community Centre, Leslie Smith Square, SE18 4DW

This practical one day course covers all essential elements of teaching cookery skills to children of all ages and is an excellent way to develop or improve your current cookery offer, both within the classroom and/or as an after school club. This is a practical course offering multiple cooking opportunities and skills development.

With the strengthened place of cooking and nutrition in the new National Curriculum, this course will give staff key skills to deliver high quality, curriculum linked cookery lessons within the classroom as well as advice on cooking with minimal equipment.

### **Farm Links training: establishing and embedding farm visits in the curriculum**

*Wednesday 27<sup>th</sup> February 2019, all day*

Woodlands Farm, 331 Shooters Hill, DA16 3RP

This one day training is an exciting farm-based training day to explore the links between food and farming and the curriculum, and to help bring your curriculum to life with practical classroom and farm-based activities. There will be opportunities to learn about the practicalities of setting up a farm link and give staff key skills to facilitate, deliver and embed farm visits. It will also demonstrate some of the opportunities to teach elements of science, maths and other curriculum areas through farm visits and support schools to achieve their Bronze FFL Award.

Training will also cover everything you need to know to run a School Farmers Market at your school. This is an excellent enterprise project that can raise money for the school, build your profile within the community, support all of your Food for Life activities and help you get your award in a really fun, rewarding way. From planning what to grow, cook and sell to how to encourage local producers to your event, everything you need to know about is covered.

### **Growing Skills training: linking growing to the curriculum**

*Tuesday 5<sup>th</sup> March 2019, all day*

Clockhouse Community Centre Association Greenwich, Defiance Walk, Woolwich Dockyard, SE18 5QL

A practical session that will give ideas and advice about how to incorporate growing activities into the primary curriculum. This practical one day course covers essential elements in the teaching of food growing skills in primary schools. With the strengthened place of food education, cooking and nutrition in the new National Curriculum, this course will give staff key skills to facilitate, deliver and embed organic food growing and composting into the curriculum. The training will also demonstrate some of the opportunities to teach elements of science, maths and other curriculum areas through growing and support schools in achieving FFL awards.

Please visit the **Events** section on the **Food for Life School Portal** or email [Emma.eaves-anderson@royalgreenwich.gov.uk](mailto:Emma.eaves-anderson@royalgreenwich.gov.uk) directly to secure your place.