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Raju's story

Raising awareness
about tuberculosis
in the community



02



Raju's story

Listen to a story about Raju and choose the correct answer.



Who is Raju?

- A. Raju is a doctor.
- B. Raju is a patient.

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Raju's story

Raju visits his friend Kamal. **Raju looks very tired.** He has a **high temperature** and he **started coughing** about 3 weeks ago. **He looks thin,** he is **sweating at night** and **he no longer wants to eat food.**



"You look tired. I think you should go to your GP. It's not a good idea to wait and do nothing about it," said Kamal

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Raju's story

Who is Raju?

- B. Raju is a patient.



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Raju's story

vocabulary

NHS



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Raju's story

Put the story in the correct order

NHS

- 1 Go to the GP
- a. Cough into a pot
- b. Have an x-ray
- c. Finish taking the medicine
- d. x-ray/skin test for family members
- e. Have a hospital appointment
- f. Go back to work
- g. Stay at home for 2 weeks
- h. Start taking medicine
- i. Go back to the hospital

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Raju's story

NHS

True or false?

Read the first part of the story to find the answers.

1. Raju needs to cough into a pot.
2. Raju doesn't need to go to the hospital.

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Raju's story

Raju went to the GP.

NHS

"I think I have the flu. I cough a lot and I've got a high temperature," said Raju.

The doctor examined Raju and listened to his chest.



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Raju's story



"Please go to the hospital for a chest x-ray" said the doctor.
"Can you **cough up** some sputum into this pot"



The next day, **Raju went to the hospital to have a chest x-ray.** Three days later the TB (tuberculosis) nurse at the hospital telephoned Raju and asked him to come to the clinic as his sputum sample and his chest x-ray showed that he probably had TB.



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Raju's story



True or false?

Answers

- | | |
|---|--------------|
| 1. Raju needs to cough into a pot. | TRUE |
| 2. Raju doesn't need to go to the hospital. | FALSE |

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Raju's story



True or false?

Read the next part of the story. Are these sentences true or false?

1. Raju can make other people ill.
2. He's got the flu.
3. The medicine costs £17.
4. He needs to take his medicine for at least 6 months.
5. He can go back to work tomorrow.

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Raju's story



Raju and his wife went to see a consultant at the hospital and he also saw a specialist TB nurse. They took another sputum sample and explained everything about TB to him. **Because the TB was in his lungs, he was infectious and could give TB to other people as the bacteria were in his sputum.**

Raju was told that he **must take drugs for at least 6 months to cure the TB completely** but **after taking the drugs for 2 weeks, he would not be infectious and could go back to work or college.**

"How much does the treatment cost?" asked Raju.

"It's free!"
said the nurse.



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Raju's story



True or false?

Answers

- | | |
|---|-------|
| 1. Raju can make other people ill. | TRUE |
| 2. He's got the flu. | FALSE |
| 3. The medicine costs £17. | FALSE |
| 4. He needs to take his medicine for at least 6 months. | TRUE |
| 5. He can go back to work tomorrow. | FALSE |

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Raju's story

Giving advice



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Raju's story

Medical advice



The nurse gave him a list of things he must and must not do during **the first 2 weeks** while he was still infectious:

- You **must** keep windows open if possible.
- You **mustn't** have too many visitors.
- You **must** cover your mouth when **you cough**.
- You **must** cough into a tissue and then flush it down the toilet.
- You **must** stay at home for 2 weeks.

There were **important things to remember** about taking the medicine.

- You **mustn't** stop taking the medicine when you feel better, and **ALWAYS** finish the course.
- You **must never miss a dose of the medicine**.
- You **mustn't** give your medicine to anyone else.

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Raju's story



"How did I get TB?" asked Raju.



"TB is caused by a bacteria. You can get it anywhere in the body but only lung TB is infectious. It is spread by coughing and sneezing so you probably caught it from a friend or family member who had lung TB. The infection may have been in your body for a long time before you felt ill."

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Raju's story



"Will my family get TB?" asked Raju.

The nurse told Raju that his family should be checked for TB even if they were well, as some people can be infected without having symptoms.

She said that they would be screened with a 'mantoux' skin test.

Raju's wife and his two children were given an appointment that week to be screened for TB. The results of the tests showed that no-one else in his family had TB.



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Raju's story



True or false?

Are these sentences true or false?

1. People sometimes have a chest x-ray to see if they have TB.
2. The 'mantoux' test is a skin test.
3. People can be infected with TB and have NO symptoms.
4. Only lung TB is infectious.
5. Raju's family had TB too.

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Raju's story



Raju took his medicine for six months and then he went back to the TB clinic at the hospital.

The consultant sent him for another x-ray and some tests. The TB nurse gave Raju the results, **he was very happy as he didn't have TB any more.**

Make sure that you are registered with a GP practice or health centre and **always make an appointment if you feel unwell** or are concerned about your health.



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Raju's story



True or false?

Answers

- | | |
|--|-------|
| 1. People sometimes have a chest x-ray to see if they have TB. | TRUE |
| 2. The 'mantoux' test is a skin test. | TRUE |
| 3. People can be infected with TB and have NO symptoms. | TRUE |
| 4. Only lung TB is infectious. | TRUE |
| 5. Raju's family had TB too. | FALSE |

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Raju's story

Put the story in the correct order



Answers

- 1 Go to the GP
- 2 a. Cough into a pot
- 3 b. Have an x-ray
- 9 c. Finish taking the medicine
- 7 d. Family tested for TB
- 4 e. Have a hospital appointment
- 8 f. Go back to work
- 6 g. Stay at home for 2 weeks
- 5 h. Start taking medicine
- 10 i. Go back to the hospital

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Raju's story



Create your own poster about TB!

What information is important?

Think about:

- the symptoms
- who can help you
- costs
- what you should do
- your own ideas

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Raju's story

Compare your poster with this one from the NHS.



TB is in our community.

 TB is curable, and the treatment is free.

TB symptoms

See your GP if you have these symptoms

Don't delay! Early treatment means early cure... and you won't pass it on.

If you don't have a GP ring 0800 499 9926. Freephones for help.

For more information about TB visit www.tbalert.org.uk

NHS Greenwich